HARTLEPOOL WINTER SPORTSHALL DIAMOND LEAGUE SERIES

2025 26

4 WINTER MEETS (UPTO 4 EVENTS EACH MEET)

LEAGUE TABLE FORMAT

POINTS SCORED FOR COMPETING IN EACH EVENT

GOLD, SILVER & BRONZE MEDALS FOR TOP 3 HIGHEST MEET SCORERS AT EACH MEET IN EACH AGE GROUP

(All participants receive a medal at their first meet)

ACCUMULATIVE OVERALL POINTS WINNER FOR EACH AGE CATEGORY AWARDED AFTER THE 4TH AND FINAL MEET (3 best meet scores used)

Eligibility: All members of Hartlepool Athletics Club are strongly encouraged to get involved and get some competition type experience. No pressure however – ITS ALL ABOUT HAVING FUN! **Non-members are also encouraged to come along and get involved as guests!**

School Year R, 1 & 2	School Year 3 & 4	School Year 5 & 6	School Year 7 & 8	Litte Tots Fun Run
14th December. 28th February				
1 Lap Sprint	1 Lap Sprint	2 Lap Sprint	2 Lap Sprint	
Soft Javelin Throw	Soft Javelin Throw	Soft Javelin Throw	Soft Javelin Throw	
Standing Long Jump	Standing Long Jump	Standing Long Jump	Standing Long Jump	
2 Lap Tunnel Run	2 Lap Tunnel Run	3 Lap Tunnel Run	3 Lap Tunnel Run	
22nd March				
1 Lap Hurdles Sprint	1 Lap Hurdles Sprint	1 Lap Hurdles Sprint	1 Lap Hurdles Sprint	
Speed Bounce	Speed Bounce	Standing Triple Jump	Standing Triple Jump	
Chest Push	Chest Push	Shot Putt	Shot Putt	
3 Lap Run	4 Lap Run	5 Lap Run	5 Lap Run	

Age Category's: SCHOOL YEAR Reception, 1&2, SCHOOL YEAR 3&4, SCHOOL YEAR 5&6, SCHOOL YEAR 7&8, SCHOOL YEAR 9&10, SCHOOL YEAR 11+

Cost: £10 per meet **Location:** High Tunstall School **Time:** 13:00 to 16:00

Secure your registration by contacting Head Coach: John Spence - 07496253107