



TRAINING TIMETABLE
Starting August 2022



Day	Time	Venue
School Year Reception, 1&2		
Monday	4.30 to 5.30	High Tunstall College
Wednesday	5.00 to 6.00	High Tunstall College
School Year 3 & 4		
Monday	5.30 to 6.30	High Tunstall College
Wednesday	6.00 to 7.00	High Tunstall College
School Year 5 & 6		
Tuesday	5.00 to 6.00	High Tunstall College
Thursday	5.00 to 6.00	High Tunstall College
School Year 7 & 8		
Tuesday	6.00 to 7.00	High Tunstall College
Thursday	6.00 to 7.00	High Tunstall College
School Year 9+		
Tuesday	7.00 to 8.00	High Tunstall College
Thursday	6.00 to 7.00	High Tunstall College
JUMP SQUAD (Invite Only)		
Tuesday	5.00 to 6.00	High Tunstall College
SPRINT SQUAD (Invite Only)		
Tuesday	6.00 to 7.00	High Tunstall College
DISTANCE SQUAD (Invite Only)		
Tuesday	7.00 to 8.00	High Tunstall College
Thursday	7.00 to 8.00	High Tunstall College
COMPETITION SQUAD (Invite Only)		
Friday	6.30 to 7.30	Darlington Eastbourne Track