

HARTLEPOOL AC. ALL TIME CROSS COUNTRY & ROAD RUNNING CLUB RECORDS	
1000 YARDS	1.10.00
1500 YARDS	1.45.00
1 MILE	4.15.00
1.2 MILES	5.40.00
1.5 MILES	6.45.00
2 MILES	8.00.00
2.5 MILES	10.00.00
3 MILES	11.15.00
3.5 MILES	12.45.00
4 MILES	14.00.00
4.5 MILES	15.30.00
5 MILES	16.45.00
5.5 MILES	18.15.00
6 MILES	19.30.00
6.5 MILES	20.45.00
7 MILES	22.00.00
7.5 MILES	23.15.00
8 MILES	24.30.00
8.5 MILES	25.45.00
9 MILES	27.00.00
9.5 MILES	28.15.00
10 MILES	29.30.00
10.5 MILES	30.45.00
11 MILES	32.00.00
11.5 MILES	33.15.00
12 MILES	34.30.00
12.5 MILES	35.45.00
13 MILES	37.00.00
13.5 MILES	38.15.00
14 MILES	39.30.00
14.5 MILES	40.45.00
15 MILES	42.00.00
15.5 MILES	43.15.00
16 MILES	44.30.00
16.5 MILES	45.45.00
17 MILES	47.00.00
17.5 MILES	48.15.00
18 MILES	49.30.00
18.5 MILES	50.45.00
19 MILES	52.00.00
19.5 MILES	53.15.00
20 MILES	54.30.00
20.5 MILES	55.45.00
21 MILES	57.00.00
21.5 MILES	58.15.00
22 MILES	59.30.00
22.5 MILES	60.45.00
23 MILES	62.00.00
23.5 MILES	63.15.00
24 MILES	64.30.00
24.5 MILES	65.45.00
25 MILES	67.00.00
25.5 MILES	68.15.00
26 MILES	69.30.00
26.5 MILES	70.45.00
27 MILES	72.00.00
27.5 MILES	73.15.00
28 MILES	74.30.00
28.5 MILES	75.45.00
29 MILES	77.00.00
29.5 MILES	78.15.00
30 MILES	79.30.00
30.5 MILES	80.45.00
31 MILES	82.00.00
31.5 MILES	83.15.00
32 MILES	84.30.00
32.5 MILES	85.45.00
33 MILES	87.00.00
33.5 MILES	88.15.00
34 MILES	89.30.00
34.5 MILES	90.45.00
35 MILES	92.00.00
35.5 MILES	93.15.00
36 MILES	94.30.00
36.5 MILES	95.45.00
37 MILES	97.00.00
37.5 MILES	98.15.00
38 MILES	99.30.00
38.5 MILES	100.45.00
39 MILES	102.00.00
39.5 MILES	103.15.00
40 MILES	104.30.00
40.5 MILES	105.45.00
41 MILES	107.00.00
41.5 MILES	108.15.00
42 MILES	109.30.00
42.5 MILES	110.45.00
43 MILES	112.00.00
43.5 MILES	113.15.00
44 MILES	114.30.00
44.5 MILES	115.45.00
45 MILES	117.00.00
45.5 MILES	118.15.00
46 MILES	119.30.00
46.5 MILES	120.45.00
47 MILES	122.00.00
47.5 MILES	123.15.00
48 MILES	124.30.00
48.5 MILES	125.45.00
49 MILES	127.00.00
49.5 MILES	128.15.00
50 MILES	129.30.00
50.5 MILES	130.45.00
51 MILES	132.00.00
51.5 MILES	133.15.00
52 MILES	134.30.00
52.5 MILES	135.45.00
53 MILES	137.00.00
53.5 MILES	138.15.00
54 MILES	139.30.00
54.5 MILES	140.45.00
55 MILES	142.00.00
55.5 MILES	143.15.00
56 MILES	144.30.00
56.5 MILES	145.45.00
57 MILES	147.00.00
57.5 MILES	148.15.00
58 MILES	149.30.00
58.5 MILES	150.45.00
59 MILES	152.00.00
59.5 MILES	153.15.00
60 MILES	154.30.00
60.5 MILES	155.45.00
61 MILES	157.00.00
61.5 MILES	158.15.00
62 MILES	159.3

[illegible]